

TMS Treatment Options

In the last decade, transcranial magnetic stimulation (TMS) has continued to evolve. As of 2018, the FDA awarded 'Breakthrough Status' to an accelerated technology of TMS based on the initial positive findings.

Breakthru Psychiatric Solutions is pleased to offer both forms of TMS for patients dealing with treatment resistant depression (TRD).

TMS

FDA approval received in 2008 to utilize 10Hz electromagnetic waves sent to targeted regions of the brain for TRD treatment.



9 Week Protocol:
1 treatment/weekday for 6 weeks.
+6 treatments tapered over last 3 weeks.



30 minute office visits/day.

36 treatments over 9 weeks total.



Results are often noticeable around week 4 of treatment.



Treatment is eligible for **insurance coverage**.



ACCELERATED TMS

FDA approval received in 2018 to utilize intermittent theta bursts sent to targeted regions of the brain for TRD treatment.

2 Week Protocol:
4 treatments/weekday for 2 weeks.

3.5 hour office visits/day.

40 treatments over 10 days total.

Results are often noticeable around day 4 of treatment.

Treatment is not yet eligible for **insurance coverage**.

Key Differences:

- Type of electromagnetic pulse
- Duration of treatment {both time in chair and overall length of protocol}
- Insurance eligibility

Key Takeaway:

Both TMS & Accelerated TMS are proven to be effective treatments for treatment resistant depression. Alleviation of symptoms is typically seen much faster with the accelerated protocol, and early science shows that theta burst stimulation might be more effective.

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